

ESPRESSO



| | 12oz | 16oz | 20oz | ICED |
|-----------------------------|------|------|------|------|
| Cappuccino | 3.95 | 4.55 | 4.95 | |
| Caffé Latte | 3.95 | 4.55 | 4.95 | 4.95 |
| Flat White | 4.35 | 4.85 | 5.25 | 5.25 |
| Caramel Macchiato | 4.50 | 4.95 | 5.45 | 5.45 |
| Canadian Maple Latte | 4.75 | 5.15 | 5.75 | 5.75 |
| Chocolate Caramel Macchiato | 4.75 | 5.15 | 5.75 | 5.75 |
| Dirty Chai Latte | 4.75 | 5.15 | 5.75 | 5.75 |
| Caffé Mocha | 4.50 | 4.95 | 5.45 | 5.45 |
| Mexican Mocha | 4.65 | 5.25 | 5.65 | 5.65 |

TEA LATTES

| | | | | |
|----------------------|------|------|------|------|
| Chai Tea Latte | 4.25 | 4.75 | 5.25 | 5.25 |
| London Fog | 4.25 | 4.75 | 5.25 | 5.25 |
| Vanilla Matcha Latte | 5.15 | 5.75 | 6.25 | 6.25 |

CLASSICS

| | | | | |
|-----------------------|------|----------|------|------|
| Americano | 2.95 | 3.55 | 3.75 | 3.75 |
| Freshly Brewed Coffee | 2.30 | 2.65 | 2.90 | 2.90 |
| Espresso | 3.00 | | | |
| Hot Chocolate | 3.85 | 4.50 | 4.95 | 4.95 |
| Assorted Teas | 3.25 | any size | | 3.75 |

MILK SUBSTITUTES: Oat or Almond +.75 cents

ADD ESPRESSO SHOT: + 1.00 **ADD FLAVOUR SHOT:** + .50 cents

SMOOTHIES 20oz 5.95

Strawberry Banana

Crazy Monkey

(Peanut Butter, Banana, & Chocolate)

Tropical Trini

(Mango, Pineapple, Banana & Spinach)

Pina Colada

FRAPPES 20oz 4.75

Vanilla

Chocolate Chip

Caramel

Oreo



ADD ESPRESSO SHOT: +1.00 OAT OR ALMOND MILK +.75 cents

BREAKFAST

Breakfast Sandwich 3.95

English Muffin, Egg, Cheddar
with choice of Bacon or Sausage

Bagel Breakfast Sandwich 4.95

Toasted Bagel, Egg, Cheddar
with choice of Bacon or Sausage

Toasted Western 7.00

Egg, Ham, Cheddar & Red Onion
on your choice of White or Rye

Omlette Breakfast (GF) 9.95

Egg, Ham, Cheddar & Red Onion
Omlette served on Corn Tortillas

Toasted Bagel 2.50

Toasted with Butter

ADD ON:

Cheddar Cheese .50

Cream Cheese .50

Lettuce .50

Tomato .50

Bacon 1.00

Hashbrown 1.95

Try adding a
Hashbrown onto
Your Sandwich
OMG!

ASSORTED HANDHELDS

GRILLED CHEESE 4.95

Melted Cheddar Cheese
on your choice of White or Rye
Add Bacon 1.00

B.L.T 5.95

Bacon, Lettuce and Tomatoes
on your choice of White or Rye

TRIPLE DECKER 7.95

Black Forest Ham, Cheddar
Lettuce, Tomatoes and Bacon on
3 layers of toasted White or Rye

CHEESE QUESADILLA 6.95

Tomatoes, Red Onion
Cheddar & Mozzarella
served with Sour Cream
Add Chicken 3

ISLAND QUESADILLA 9.95

Mozzarella, Coleslaw
and your choice of Jerk
Chicken or Pork from our
Caribbean Hot Table!

FRESH WRAPS 9.95

CAESAR

Chicken, Bacon, Red Onion
Mozzarella & Lettuce

GREEK

Chicken, Cucumbers, Tomatoes
Red Onion, Olives, Feta & Lettuce

GREEK FALAFEL

3 Falafels, Cucumbers, Tomatoes
Red Onion, Olives, Feta & Lettuce

CHICKEN BACON RANCH

Chicken, Bacon, Cucumbers
Tomatoes, Red Onion, Cheddar
and Ranch Dressing

SPICY HOUSE

Chicken, Bacon, Cucumbers
Tomatoes, Red Onion, Cheddar
Caesar, Dijon and Hot Sauce

FUSION WRAP 10.95

A Caribbean Twist on our Fresh Wrap!

Toppings include: Lettuce, Red Onion, Tomatoes & Cucumber

Your Choice of Dressing: Caesar, Ranch or Greek

Your Choice of any 1 Hot Table Protein Item

Wrapped and Grilled on a White or Whole Wheat Wrap