

# CARIBBEAN HOT TABLE

Available Tuesday - Friday

Saturday: Trini Doubles + Limited Hot Table Items

## Curry Chicken \$14.95

Wrapped in a Roti with Chickpeas and Potatoes or served over Rice & Peas

## Jerk Chicken \$14.95

Wrapped in a Roti with Coleslaw and Potatoes or served over Rice & Peas

## Trini Stew Chicken (bone in) \$14.95

Served over Rice & Peas with Creamy Coleslaw

## Pork Roti \$15.50

Slow Cooked Pork wrapped in a Roti with Coleslaw and Potatoes or served over Rice

## Vegetarian Roti \$11.95

Curry Chickpeas and Potatoes wrapped in a Roti and topped with Tamarind and Fresh Herbs or served over Rice

## Island Mac & Cheese \$10.95

Creamy homemade Mac & Cheese made with mild spices and a blend of cheese. Add Chicken \$6 (1/4 leg) | Pork \$7

## Pork Tacos \$11.95

Slow Cooked Pork served on 3 Corn Tortillas and topped with Creamy Coleslaw

## Stuffed Jamaican Patty \$6.50

Tasty Jamaican Patty stuffed with your choice of any 1 Hot Table Protein and Coleslaw

## Trini Doubles - Saturday only \$3.50

#1 Street food in Trinidad is now here in Barrie! Made with 2 pieces of flat fried bread topped with curry chickpeas, fresh seasoning, tamarind and shaved cucumber (you can't eat just 1)

## Side Orders:

Rice & Peas \$11.95

Beef Patty \$2.99

Curry Potatoes \$6.99

1/4 Chicken \$6.99

Curry Channa \$6.99

Coleslaw \$1.99

Prices are subject to change.



Located inside the Creative Bean Café

750 Big Bay Point Road #6 Barrie

750-737-2722

[www.creativebean.ca](http://www.creativebean.ca)



# CARIBBEAN HOT TABLE & CATERING MENU



# WE'D LOVE TO CATER FOR YOU!

## Curry Channa (GF)

(12-15 ppl) \$35 | (15 - 20 ppl) \$45

## Curry Potatoes (GF)

(12-15 ppl) \$35 | (15 - 20 ppl) \$45

## Rice & Peas (GF)

Jamaican Rice & Peas made with a blend of herbs & spices. A flavorful side dish to any meal.  
(10-12 ppl) \$40 | (15 - 20) ppl \$55

## Trini Style Vegetarian Fried Rice

Fried Rice with Cabbage, Carrots, Onions & Peas  
(10-12 ppl) \$40 | (15 - 20 ppl) \$55

## Trini Style Vegetarian Stir Fry Noodles

Stir Fry Noodles with shredded Cabbage, Carrots Onions & Bell Peppers  
(10-12 ppl) \$40 | (15 - 20 ppl) \$55

## Macaroni Pie

Trinidad macaroni pie is a Caribbean comfort food classic. Similar to a baked macaroni and cheese casserole. Goes well with Stew Chicken.  
(10-12 ppl) \$40 | (15-20 ppl) \$65

## Island Mac & Cheese

Our take on a classic home style mac & cheese kicked up with some island flavours!  
(10-12 ppl) \$40 | (15-20 ppl) \$65

## Curry Chicken

Marinated and cooked with lots of fresh herbs and garlic along with a blend of mild curry spices. Goes well with any of the following items: Curry Channa, Curry Potatoes, White Rice or Fresh Roti. Tray of 25-30 thighs (12-15 ppl) \$89.95\* (GF) (Halal)

## Stew Chicken

Browned and enhanced with fresh herbs, garlic, tomato and a blend of Caribbean spices. Goes well with any of the following items: Macaroni Pie, Potato Salad, Rice & Peas and Coleslaw. Tray of 25-30 thighs (12-15 ppl) \$89.95\* (GF) (Halal)

## Jerk Chicken

Marinated with a mixture of fresh herbs, spices, and jerk seasoning then slow baked. Goes well with Rice & Peas and Coleslaw. Tray of 25-30 thighs (12-15 ppl) \$89.95\* (GF) (Halal)

## Tracy's Oven Baked Pork

Packed with garlic & flavorful spices, then slow cooked for a tender and juicy finish.  
(10-12 ppl) \$70\* (GF)

## Doubles

Two pieces of lightly fried Bara (Bread), filled with Curry Channa (Chick Peas), and topped with Tamarind Sauce, Cucumber and Fresh Green Seasoning. Add our House Made Trini Hot Sauce to make spicy! \$3.50 each (min order 24)

## Roti

Trinidadian Paratha Style Roti \$3.25 each

## Large Hot Sauce

Homemade Trini Style Pepper Sauce \$12

## Large Tamarind Sauce

Homemade Tamarind Sauce (mild) \$12

## Fresh made SALADS

### Potato Salad

Made with potato, boiled eggs, peas, red onion, carrots and corn. A nice addition to any meal.  
(12-15 ppl) \$45 | (15 - 20 ppl) \$55

Salad Trays Serve 10-12 people

### Garden \$40

Romaine lettuce, tomatoes, carrots & cucumber

### Caesar \$55

Romaine lettuce, bacon crumble, red onions, parmesan cheese & croutons

### Greek \$60

Romaine lettuce, tomatoes, cucumber, olives, & feta cheese

## Freshly made HALF WRAPS

8 PACK	16 PACK	24 PACK
4 to 8 people	8 to 12 people	12 to 15 people
<b>\$48</b>	<b>\$95</b>	<b>\$145</b>

### Chicken Bacon Ranch

### Chicken Caesar

### Greek With Chicken

### Deli Wrap

### Greek Falafel

Prices are subject to change.

**Ask about new items being added!**  
Please contact us to discuss your catering needs. Prices are subject to change.

750-737-2722

store@creativebean.ca